



## World Turkish Cuisine Heritage List

*Dünya Türk Mutfağı Miras Listesi*



## World Turkish Cuisine Heritage List

*Dünya Türk Mutfağı Miras Listesi*



## Turkish World Cuisine Heritage List

*Türk Dünyası Mutfağı Miras Listesi*

File Number:0016  
Report Number: 1071-1453-26-30-2022-D16  
Release Date: May 07, 2022  
Subject: TR-EN Reports Which Pasted Onto Book

APPROVED BY WTCA

File Number: 0016  
Report Number: 1071-1453-26-30-2022-D16  
Release Date: MAY 07, 2022



**APPROVED**  
As  
**CULTURAL ARTWORK**

**WORLD TURKISH CUISINE ACADEMY**

[www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)

[www.tmdh.net](http://www.tmdh.net)

Certificate No: 12408

Print Certificate No:12027

Book Name: Don't Buy (Factory Made), Do It Yourself

Author: Hulya Erol

Prepared For Editing By: Isl Erol

Cover Design: Elifnur Kirez

Editor: Arzu Aygen

Photographs and Drawings: Isl Erol

Page Design: Turgut Kasay

Correction: Belgin Sunal

1st Edition: Istanbul, August 2014

6th Edition: Istanbul, June 2018

ISBN: 978-605-5181-70-3

Publisher: Hayykitap (TR)



File Number: 0016  
Report Number: 1071-1453-26-30-2022-D16  
Release Date: MAY 07, 2022

APPROVED



REPORT

ABOUT THE BOOK OF DON'T BUY, DO IT YOURSELF THAT WRITTEN BY HULYA EROL

International Standard Book Number (ISBN): 978-605-5181-70-3 - Author: Hulya Erol - Publisher: Hayykitap  
The summary of this report, prepared by WTCA-World Turkish Cuisine Academy, is 7 pages in English and 6 pages in Turkish, and consists of 4 sections given below:

1. INTRODUCTION
2. ANALYZES AND EVALUATIONS
3. RECOMMENDATIONS
4. CONCLUSION

SUMMARY

The World Turkish Cuisine Academy has described the book "Don't Buy, Do It Yourself" as a cultural work of art. After the examinations, WTCA determined that the book included important cultural information as well as recipes that can be prepared traditionally in a natural way. In the book, important messages that will benefit the people of the world as well as public health which have been shared by the author based on experience, research and resources.

CONCLUSION

The book of Don't Buy Do It Yourself, is added in the World Turkish Cuisine Heritage List, the list of works and cultural heritages of Turkish cuisine that should be preserved on earth. Due to the issues included in this report: WTCA-World Turkish Cuisine Academy will promote the book on different platforms for all the reasons it has been included in the report numbered 0016 and 1071-1453-26-30-2022-D16, when it deems necessary in the future. And WTCA will encourage the preservation and survival of the work and its recommendation as an educational book to students. WTCA-World Turkish Cuisine Academy will encourage its promotion to different nations and cultures around the world by suggesting that the work be translated into English or other languages in the near and far future. WTCA-World Turkish Cuisine Academy has registered the names of all the recipes given by Ms. Hulya Erol in the Book of "Don't Buy, Do It Yourself" as belonging to Turkish culinary culture. WTCA-World Turkish Cuisine Academy has archived and recorded all the information which was given by Ms. Hulya Erol in the Book of "Don't Buy, Do It Yourself". WTCA-World Turkish Cuisine Academy will encourage the people for the awareness of the society on the production of healthy food by using natural and traditional methods.

Chancellor of the World Turkish Cuisine Academy  
Tolgahan Gulyiyen



• Products or recipes included in the book that do not belong to our national cuisine culture are excluded from the registered list. (Example: On page 129, it is stated by the author that Kimchi belongs to Korean Cuisine, but the recipe was interpreted for Turkish cuisine in the book.) [www.tmdh.net](http://www.tmdh.net) & [www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)





File Number:0016  
Report Number: 1071-1453-26-30-2022-D16  
Release Date: MAY 07, 2022

File N  
Report  
Release



**APPROVED**  
**As**  
**CULTURAL ARTWORK**

The  
sect

## WORLD TURKISH CUISINE ACADEMY

[www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)

[www.tmdh.net](http://www.tmdh.net)

Ti  
d  
b  
e

**Certificate No:** 12408  
**Print Certificate No:**12027  
**Book Name:** Don't Buy (Factory Made), Do It Yourself  
**Author:** Hulya Erol  
**Prepared For Editing By:** Isil Erol  
**Cover Design:** Elifnur Kirez  
**Editor:** Arzu Aygen  
**Photographs and Drawings:** Işıl Erol  
**Page Design:** Turgut Kasay  
**Correction:** Belgin Sunal  
**1st Edition:** Istanbul, August 2014  
**6th Edition:** Istanbul, June 2018  
**ISBN:** 978-605-5181-70-3  
**Publisher:** Hayykitap (TR)



ANDI

Dosya Numarası:0016  
Rapor Numarası: 1071-1453-26-30-2022-D16  
Yayınlanma Tarihi: 07 MAYIS 2022



**KÜLTÜREL SANAT  
Eseri Olarak  
ONAYLANDI**

**DÜNYA TÜRK MUTFAĞI AKADEMİSİ**

[www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)

[www.tmdh.net](http://www.tmdh.net)

ıda WTCA  
r. Kitap  
rak yazı

türel  
ördüğü  
rda  
idemisi,  
ı teşvik

itabı  
i, doğal

Sertifika No: 12408  
Baskı Sertifika No:12027  
Kitap Adı: Hazır Alma Kendin Yap  
Yazarı: Hülya Erol  
Yayına Hazırlayan: Işıl Erol  
Kapak Tasarımı: Elifnur Kirez  
Editör: Arzu Aygen  
Fotoğraf ve Çizimler: Işıl Erol  
Sayfa Tasarımı: Turgut Kasay  
Düzeltilme: Belgin Sunal  
1.Baskı: İstanbul, Ağustos 2014  
6.Baskı: İstanbul, Haziran 2018  
ISBN: 978-605-5181-70-3  
Yayınevi: Hayykitap



File Number: 0016  
Report Number: 1071-1453-26-30-2022-D16  
Release Date: MAY 07, 2022

APPROVED



#### REPORT

#### ABOUT THE BOOK OF DON'T BUY, DO IT YOURSELF THAT WRITTEN BY HULYA EROL

International Standard Book Number (ISBN): 978-605-5181-70-3 - Author: Hulya Erol - Publisher: Hayykitap

The summary of this report, prepared by WTCA-World Turkish Cuisine Academy, is 7 pages in English and 6 pages in Turkish, and consists of 4 sections given below:

1. INTRODUCTION
2. ANALYZES AND EVALUATIONS
3. RECOMMENDATIONS
4. CONCLUSION

#### SUMMARY

The World Turkish Cuisine Academy has described the book "Don't Buy, Do It Yourself" as a cultural work of art. After the examinations, WTCA determined that the book included important cultural information as well as recipes that can be prepared traditionally in a natural way. In the book, important messages that will benefit the people of the world as well as public health which have been shared by the author based on experience, research and resources.

#### CONCLUSION

The book of Don't Buy Do It Yourself, is added in the World Turkish Cuisine Heritage List, the list of works and cultural heritages of Turkish cuisine that should be preserved on earth. Due to the issues included in this report: WTCA-World Turkish Cuisine Academy will promote the book on different platforms for all the reasons it has been included in the report numbered 0016 and 1071-1453-26-30-2022-D16, when it deems necessary in the future. And WTCA, will encourage the preservation and survival of the work and its recommendation as an educational book to students. WTCA-World Turkish Cuisine Academy will encourage its promotion to different nations and cultures around the world by suggesting that the work be translated into English or other languages in the near and far future. WTCA-World Turkish Cuisine Academy has registered the names of all the recipes given by Ms. Hulya Erol in the Book of "Don't Buy, Do it Yourself" as belonging to Turkish culinary culture. WTCA-World Turkish Cuisine Academy has archived and recorded all the information which was given by Ms. Hulya Erol in the Book of "Don't Buy, Do it Yourself". WTCA-World Turkish Cuisine Academy will encourage the people for the awareness of the society on the production of healthy food by using natural and traditional methods.

Chancellor of the World Turkish Cuisine Academy  
Tolgahan Gulyiyen



- Products or recipes included in the book that do not belong to our national cuisine culture are excluded from the registered list. (Example: On page 129, it is stated by the author that Kimchi belongs to Korean Cuisine, but the recipe was interpreted for Turkish cuisine in the book.) [www.tmdh.net](http://www.tmdh.net) & [www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)

Dosya Numarası:0016

Rapor Numarası: 1071-1453-26-30-2022-D16

Yayınlanma Tarihi: 07 MAYIS 2022

ONAYLANDI



#### RAPOR

#### SAYIN HÜLYA EROL TARAFINDAN YAZILAN HAZIR ALMA KENDİN YAP KİTABI HAKKINDA

Uluslararası Standart Kitap Numarası (ISBN): 978-605-5181-70-3 - Yazar: Hülya Erol - Yayınevi: Hayyıkıtap

WTCA-Dünya Türk Mutfağı Akademisi tarafından hazırlanmış olan bu rapor özetinin tamamı İngilizce olarak 7, Türkçe olarak 6 sayfadır ve aşağıda yer verilmiş olan 4 bölümden oluşmaktadır.

1. GİRİŞ
2. ANALİZLER VE DEĞERLENDİRMELER
3. ÖNERİLER
4. SONUÇ

#### ÖZET

Dünya Türk Mutfağı Akademisi Hazır Alma Kendin Yap kitabını kültürel sanat eseri olarak nitelendirmiştir. Yapılan incelemeler sonrasında WTCA kitapta geleneksel olarak doğal şekilde hazırlanabilecek tariflerinin yanı sıra önemli kültürel bilgilere yer verilmiş olduğunu belirlemiştir. Kitap içerisinde toplum sağlığı ile birlikte dünya insanların yararına olacak önemli mesajlar, tecrübeye, araştırmaya ve kaynaklara dayalı olarak yazar tarafından paylaşılmıştır.

#### SONUÇ

Hazır Alma Kendin Yap kitabı bu raporda yer verilen hususlar nedeniyle Türk mutfağının yer yüzünde korunması gereken eserleri ve kültürel mirasları listesine, Dünya Türk Mutfağı Mirası Listesine dahil edilmiştir. WTCA-Dünya Türk Mutfağı Akademisi, kitabı gelecekte gerek gördüğü hallerde 0016 dosya ve 1071-1453-26-30-2022-D16 numaralı raporunda yer verilmiş olduğu tüm gerekçelerden ötürü farklı platformlarda tanıtarak eserin korunup yaşatılmasını ve öğrencilere eğitim kitabı olarak önerilmesini teşvik edecektir. WTCA-Dünya Türk Mutfağı Akademisi, yakın ve uzak gelecekte eserin İngilizceye veya farklı dillere de çevrilmesini önererek yeryüzünde farklı milletlere ve kültürlerle tanıtımını teşvik edecektir. WTCA-Dünya Türk Mutfağı Akademisi, Hazır Alma Kendin Yap kitabı içerisinde Sayın Hülya Erol tarafından verilmiş olan tüm bilgileri arşivleyerek kayıt altına almıştır. WTCA-Dünya Türk Mutfağı Akademisi, doğal ve geleneksel yöntemlerle sağlıklı gıda üretimi konusunda toplumun bilinçlenmesini teşvik edecektir.

Dünya Türk Mutfağı Akademisi Kurucu Başkan

Tolgahan Gülyiğen



- Kitapta yer alan ancak ulusal mutfak kültürümüze ait olmayan ürünler veya reçeteler tescil edilen listenin dışında tutulmuştur. (Örnek: 129. Sayfada KİMÇİ'nin Kore Mutfağına ait olduğu ancak reçetenin Türk mutfağı için yorumlandığı yazar tarafından belirtilmiştir.) [www.tmdh.net](http://www.tmdh.net) & [www.worldturkishcuisine.com](http://www.worldturkishcuisine.com)

Se  
Ba  
Kı  
Ya  
Ya  
Ka  
Edi  
Fot  
Say  
Dü  
1.B  
6.B  
ISB  
Yay